



OSCE Lens Card

GOLD SET: DRAINING ABCESS CASE

Cluster 1: Clinical Information Gathering

Key Words

1

HISTORY

- HOPC: Swelling, pain, is it bothering sleep, eating and playing patterns?
- Medical history - medical conditions, medications and allergies.
- Dental history - Previous dental visit? When was the tooth restored?
- Oral hygiene history: Toothbrushing habits, flossing, supervision and toothpaste.
- Social history - Eating habits and water consumption.

2

Explaining risk factors for the etiopathogenesis of decay.

3

INVESTIGATIONS:

- E/O - Swelling over the face.
- I/O - Detailed examination of all teeth in the area.
Quality of saliva.
Probing.
X-rays: Periapical x-ray/ bitewing.

Diagram

Instead of drawing diagram, make sure you cover all these risk factors and modify the diet chart brought by patient.



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**GOLD SET: CONSENT FOR EXTRACTION
IN A PATIENT WITH M/H OF ACTONEL
AND PREDNISOLONE**

Cluster 1: Clinical Information Gathering

Key Words

1

HISTORY

- HOPC: Swelling over the gums or face? Pain, is it bothering sleep and eating? Discharge?
- Medical history - medical conditions, medications and allergies. Follow ups regarding the current conditions?
- Social history - Smoking and alcohol?

2

Explaining risk factors associated with Actonel and Prednisolone on extraction. Make sure to include the consent aspect.

3

INVESTIGATIONS:

- E/O - Swelling over the face, fever.
- I/O - Detailed examination of a tooth.
Probing.
X-rays: Periapical x-ray
Cold test.

Diagram

Instead of drawing a diagram, make sure you cover all these risk factors and modify them.



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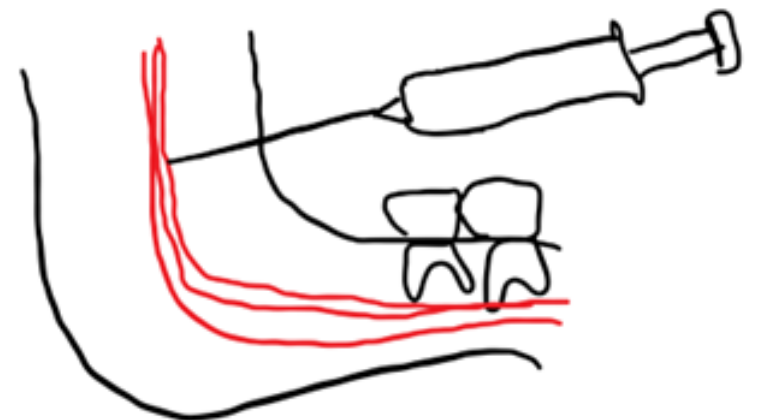
GOLD SET: HAEMOTOMA CASE

Cluster 2: Diagnosis and Management

Key Words

- 1 HOPC: Post extraction instruction follow up?
Swelling affecting swallowing or breathing? Pain affecting eating or sleeping patterns?
- 2 Explanation of haematoma and it's etiopathogenesis after IANB leading to myospasm and trismus.
- 3 **MANAGEMENT:**
 - Assurance, it's manageable. Resolution in a few weeks.
 - Home measures: Warm moist towel applications/ hour.
 - And jaw exercises. Soft diet and avoiding wide opening of jaws.
 - Advice from an oral medicine specialist in regards to trismus.
 - Referral to an oral surgeon, if the patient insists on immediate management.

Diagram





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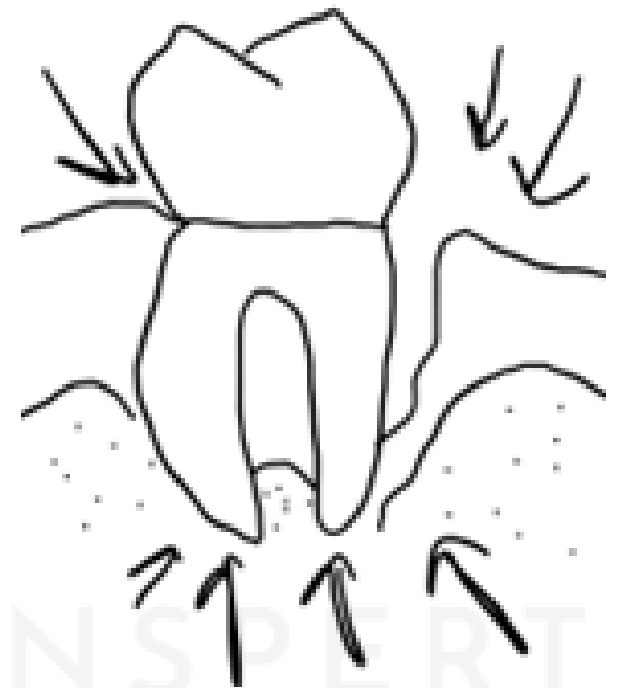
GOLD SET: NURSE PATIENT WORRIED ABOUT OAC AND INFECTION CONTROL.

Cluster 2: Diagnosis and Management

Key Words

- 1** HOPC: Since when bleeding or sensitivity? Wobbly teeth? Discharge?
- 2** EXPLANATION OF FINDINGS AND DIAGNOSIS: Chronic generalised periodontitis - Stage 4 Grade C
- 3** RELEVANT HISTORY: Medical history (blood test), regular dental visits and oral hygiene as primary.
- 4** MANAGEMENT:
 - No treatment.
 - Referral to periodontist - to understand prognosis.
 - Treatment as requested (superficial clean) explain the risks associated.
 - VPTAS (If remote area)
- 5** HEALTH PROMOTION ASPECTS:
 - Regular dental visits.
 - Oral hygiene routine (Brushing twice daily and flossing).
 - Medical history (regular blood tests).

Diagram





OSCE Lens Card

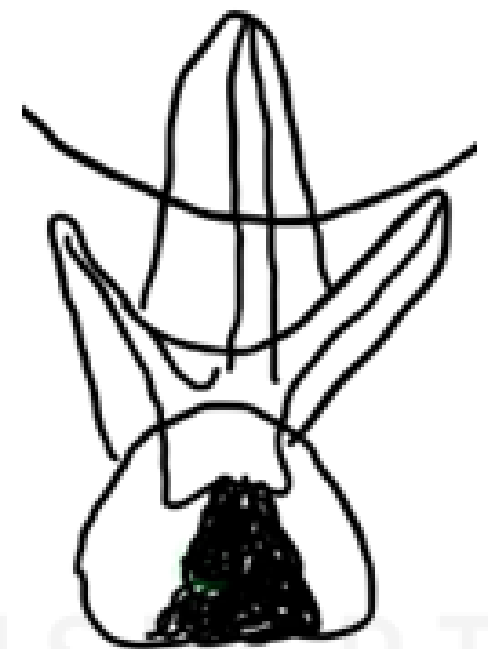
GOLD SET: GENERALISED SEVERE PERIODONTITIS CASE

Cluster 3: Clinical Treatment and Evaluation

Key Words

- 1** HOPC: Pain and swelling extent? Fever? Eating and sleeping affected? (Patient is visiting the public hospital).
- 2** EXPLANATION OF FINDINGS AND DIAGNOSIS: Irreversible pulpitis and x-ray explanation for OAC.
- 3** TREATMENT & EVALUATION: Medical history (blood test), regular dental visits and oral hygiene as primary.
- 4** MANAGEMENT:
 - No treatment.
 - Patient insists on extraction. Ref to oral surgeon because of complications. Understanding M/H & S/H.
 - Temporary emergency pulpectomy. (Free of cost)
 - Prescribe analgesics:
 - Rx i. Ibuprofen 400 mg 8 hourly for 5 days.
 - ii. Paracetamol 1000 mg 6 hourly for 5 days.
 - Infection control points.
 - Recall and review for replacement options.
- 5** HEALTH PROMOTION ASPECTS:
 - Regular dental visits.
 - Optimum oral hygiene.

Diagram





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**GOLD SET: ATHLETIC PATIENT
REQUIRING DIETARY ADVICE**

Cluster 3: Clinical Treatment and Evaluation

Key Words

- 1** HOPC: Follow up on previous appointment?
- 2** Explore the diet chart (Sugar, consistency, frequency and acids).
- 3** **TREATMENT & EVALUATION:**
 - Sports nutritionist and I will develop the plan.
 - Diet modification. (Tooth-friendly).
 - Prescribe 5000 ppm fluoride toothpaste.
 - Interproximal caries - plan.
 - Erosion lesions - minimise the acid exposure and GP referral for GERD.
 - Recall and review in 3 months.
- 4** **HEALTH PROMOTION ASPECTS:**
 - Regular dental visits.
 - Optimum oral hygiene.
 - Diet advice.

Diagram

No need for diagram but all the dietary advice and the risk factors for caries and erosion.